



## International Conference *Healthy Behaviour in Modern Society*

1 – 2 November 2019

Venue: VNU-Hanoi, University of Social Sciences and Humanities,  
336 Nguyen Trai Av., Thanh Xuân District, Hanoi

Friday, November 1<sup>st</sup>

### REGISTRATION AND WELCOME

2<sup>nd</sup> floor E building

### OPENING CEREMONY

room 304, E building

Prof. Trương Thị Khánh Hà: *Welcome and introduction of participants*

Prof. Nguyễn Văn Kim, Vice-rector of VNU-USSH Hanoi: *Opening speech*

Prof. Tadeusz Dmochowski, Dean of the Faculty of Social Sciences, University of Gdansk

Dr. Nguyễn Đỗan Phương, Director of NIMH-BMH

*Collective photos*

### PLENARY SESSION

Secretary : Đặng Hoàng Ngân

Prof. Tadeusz Dmochowski: *Political transformation in Poland since 1989 and their role in changing the public health service*

Prof. Raymond Dupuy: *Subjective and system approach to health. Implication for the analysis and prevention of occupational health*

Dr. Dương Minh Tâm: *Help seeking behavior of the patient with own mental disorder before coming to the mental health survives*

*Discussion*

### TEA/COFFEE BREAK

2<sup>nd</sup> floor E building

### SYMPOSIA – PAPER SESSIONS

room 302 E building

room 304 E building

room 307 E building

#### S1 : Healthy Behavior in Community

Chair : Prof. Mariola Bidzan,

Prof. Trương Thị Khánh Hà

Secretary : Nguyễn Anh Thư

#### S2 : Healthy behavior in labor and organization

Chair : Prof. Nguyễn Hữu Thụ,

Prof. Raymond Dupuy

Secretary : Bùi Hồng Thái

#### S3 : Support and Mental Health Care

Chair : Prof. Małgorzata Lipowska,

Dr. Dương Minh Tâm

Secretary : Đặng Hoàng Ngân

Working Memory in Cantonese and German Speaking dyslexic children

*Evelin Witruk*

The Employee job satisfaction in some enterprises in Hanoi and Ho Chi Minh City

*Nguyễn Hữu Thụ*

Everyday challenges of patients with Duchenne muscular dystrophy

*Paulina Anikiej, Arkadiusz Mański*

Sexual orientation, internalized homophobia, and self – esteem among sexual minority women in Vietnam

*Trần Thị Minh Đức, Hà Kiều Oanh*

The use of Health Cube and mobile Health laboratory as a tool of a psychic risk analysis and biocentric Health management in institutions in Indonesia

*Hazhira Qudsyi, Fitri Ayu Kusumaningrum, Annisa Miranty Nurendra, Rina Mulyati, Libbie Annatagia, Dian Sari Utami, Ulrich Sack, Hans-Ullrich Balzer, Marcus Stueck*

The relationship between the burden of care and social support in caregivers of mental illness

*Phan Thị Mai, Nguyễn Bá Đạt*

Biopsychosocial risk factors for postpartum depression in Poland

*Mariola Bidzan, Karolina Maliszewska, Karolina Lutkiewicz*

The influences of perceived organizational justice on lectures' work engagement

*Lê Thị Minh Loan, Nguyễn Thị Anh Thư, Ninh Thùy Dung*

Clinical features of depression in in-patients diagnosed depressive conduct disorder onset in adolescence

*Phạm Công Huân*

### LUNCH

ground floor B-C building

13:00	<div> <div>SYMPOSIA – PAPER SESSIONS</div> <div> <div>room 302 E building</div> <div>room 304 E building</div> <div>room 307 E building</div> </div> </div>		
	<i>Chair</i> : Prof. Mariusz Lipowski, Prof. Nguyễn Văn Tuấn <i>Secretary</i> : Trương Quang Lâm	<i>Chair</i> : Prof. Joanna Różycka-Trần, Prof. Lê Văn Hào <i>Secretary</i> : Nguyễn Hạnh Liên	<i>Chair</i> : Dr. Trần Thị Hà An, Prof. Nguyễn Thị Minh Hằng <i>Secretary</i> : Đặng Hoàng Ngân
13:00	Ex-athletes as parents promoting healthy lifestyles in their families: the nutrition and physical activity of mothers, fathers, and 6-year-old children  <i>Mariusz Lipowski, Małgorzata Lipowska, Magdalena Jochimek, Paweł Jurek</i>	When West meets East: Psycho-physiological mechanism of the energy transferring system (ETS). Cardiovascular changes in Vietnamese Thiên Môn Đạo marital art adepts  <i>Joanna Różycka-Trần, Michał Gajewski, Lê Văn Hào</i>	Application of research methods and statistical analysis in developmental and health psychology: The issue of Multiple Data Sources  <i>Paweł Jurek</i>
13:20	Parents’ satisfaction with teaching - learning activities, family support and engagement, school-related relationship in middle schools  <i>Trần Thu Hương, Nguyễn Thị Mỹ Lộc, Ngô Thị Thanh Huệ, Trần Thu Hương</i>	The psychological effects of meditation: A case study of Vietnam  <i>Phạm Thị Thanh Tâm</i>	Emotional, social and cognitive functioning of children with Mucopolysaccharidosis type IIIA (Sanfilippo disease)  <i>Paulina Anikiej, Agata Rudnik, Arkadiusz Mański</i>
13:40	Relationship between deviant behaviors and Emotional Intelligence in Vietnamese adolescents  <i>Đinh Thị Hồng Vân, Phan Thị Mai Hương, Đỗ Thị Lệ Hằng, Nguyễn Phước Cát Tường, Phạm Xuân Hương</i>	The implementation of Biodanza on Emotions and Assertiveness: Indonesia Context  <i>Marcus Stueck, Dian Veronika Sakti Kaloeti, Alejandra Villegas</i>	Mental health care of parents for children with mental disorders  <i>Trịnh Thanh Hương</i>
14:00	The influence of self-efficacy on well-being among the youth  <i>Nguyễn Tuấn Anh, Mai Thị Huệ, Lê Thị Cúc</i>	Transfer of knowledge from application to science and back  <i>Discussion of scientists with Thiên Môn Đạo practitioners</i>	Impact of depression, anxiety and stress on psychological adaptation to prison requirements of female offender  <i>Phan Thị Mai Hương, Phạm Thị Thực Oanh</i>
14:20	<b>TEA/COFFEE BREAK</b> 2nd floor E building		
14:40	<div> <div>SYMPOSIA – PAPER SESSIONS</div> <div> <div>room 302 E building</div> <div>room 304 E building</div> <div>room 307 E building</div> </div> </div>		
	<i>Chair</i> : Prof. Małgorzata Lipowska, Prof. Nguyễn Văn Tuấn <i>Secretary</i> : Trương Quang Lâm	<i>Chair</i> : Prof. Marcus Stueck, Prof. Lê Văn Hào <i>Secretary</i> : Nguyễn Hạnh Liên	<i>Chair</i> : Dr. Trần Thị Hà An, Prof. Nguyễn Thị Minh Hằng <i>Secretary</i> : Đặng Hoàng Ngân
14:40	Are You satisfied with your appearance? The Body Self Esteem in individualistic and collectivistic cultures: A Polish-Vietnamese Comparison  <i>Małgorzata Lipowska, Trương Thị Khánh Hà, Mariusz Lipowski, Joanna Różycka-Trần, Mariola Bidzan, Trần Hà Thu</i>	Parent-child conversations about emotions between fathers and mothers: Pilot study in Indonesia  <i>Resnia Novitasari, Libbie Annatagia, Dian Sari Utami, Wanadya Ayu Krishna Dewi, Muhammad Novvaliant Filsuf Tasauji, Marcus Stueck</i>	Art therapy for children with autism spectrum disorder  <i>Jongsoon Koo, Elisabeth Thomas</i>
15:00	The situation of depression, anxiety severity of people living in the area of Tranh river hydropower station 2, Bac Tra My District, Quang Nam Province  <i>Trần Thu Hương, Nguyễn Thị Minh</i>	Gender and human happiness  <i>Lê Văn Hào</i>	Using the 3-tier support model for students’ mental health: The case of Tue Duc High school  <i>Nguyễn Anh Khoa, Nguyễn Văn Tường</i>
15:20	Analysis of the influence of the fathers on three lesbian clients who suffer depression disorder in Hanoi, Vietnam through Thematic Apperception Test  <i>Đàm Thị Thùy Chinh, Nguyễn Minh Trang</i>	The difference on using Facebook motives of Vietnamese students by gender, sector and usage time  <i>Nguyễn Thị Anh Thư, Bùi Minh Đức, Đỗ Kim Ngọc, Nguyễn Thị Hồng Vân</i>	Verbal part of School of Empathy in Indonesia – research findings, training and theoretical background  <i>Marcus Stueck, Resnia Novitasari; Hazhira Qudsyi; Nita Trimulyaningsih; Nur Widiastara; Endah Puspita Sari; Libbie Annatagia; Wanadya Ayu Khrisna Dewi; Dian Sari Utami</i>
15:40	The relationship between five personality traits and value orientation of adults  <i>Trương Quang Lâm, Trương Thị Khánh Hà</i>	Alcoholic inpatients with relapse in the North of Vietnam: A prospective study on related factors  <i>Nguyễn Thị Phương Mai, Nguyễn Văn Tuấn</i>	The actual situation of behavioral use amphetamine type substances in patients using amphetamine type substances  <i>Vũ Sơn Tùng, Nguyễn Văn Tuấn, Đặng Thanh Tùng</i>
16:00	The impact of cultural and art programs on prisoners’ rehabilitation while serving sentences  <i>Nguyễn Thị Minh</i>	When do people feel happy or unhappy  <i>Trương Thị Khánh Hà, Nguyễn Thị Anh Thư</i>	Marital satisfaction, social support and mental health among Vietnamese elderly: A pilot study  <i>Hoàng Mộc Lan, Trịnh Thị Linh, Nguyễn Lan Nguyễn, Ngô Mai Trang</i>

**POSTER SESSION**

*3rd floor E building*

1. The Validity and Reliability of the Polish Adaptation of the Health Related Hardiness Scale  
*Mariola Bidzan, Joanna Dymecka, Ilona Bidzan-Bluma, Monika Bidzan, Anna Borucka-Kotwica, Paweł Atroszko*
2. Adipokines in obese children before and after a 3-month lifestyle intervention – *Joanna Gajewska*  
*Joanna Gajewska*
3. Research the academic pressure and relationships of students at Universities in Da Nang City  
*Nguyễn Thị Mỹ Anh*
4. Mindfulness, Non-attachment and Satisfaction with life: what are contributions to positive psychology?  
*Nguyễn Thị Minh Hằng*
5. Relationships between of the healthy behavior and health for the elderly  
*Trần Thị Thanh*
6. The relationship between self - compassion and relationships quality  
*Trần Hà Thu*
7. Relationships between sexting and self-esteem among young people in Hanoi, Vietnam  
*Lê Bảo Yến*
8. The depression diet  
*Monika Bidzan*

**CLOSING CEREMONY**

*room 304, E building*

Saturday, November 2<sup>nd</sup>

*Outdoor Activities*

16:30  
17:00

